

Emory Wellness & Support Resources

This guide is intended to assist students, faculty members, and staff in quickly identifying appropriate campus resources to meet individual student needs. Each bullet represents a service offered by the office listed at the top. Use hyperlinks to navigate to websites to learn more. *In the case of an emergency, please call Emory Police at 404-727-6111 or 911.*

Counseling and Psychological Services (CAPS) 404-727-7450

Counseling Services

CAPS services are available 24/7/365. Students can drop in Monday-Friday 8:30am-5pm or call 404-727-7450 anytime for support.

Services at CAPS are free and confidential, collaborative, inclusive, individualized, multicultural and trauma-informed, and based on a flexible session model.

Students are connected to the most available and appropriate resources based on presenting concerns. Services include but are not limited to:

All services are hybrid

- Individual Counseling
- Relationship/Couples Counseling
- Group Counseling (workshops, process groups, skill-based groups, identity-based groups)
- Community Engagement (e.g., outreach)
- Case Management (e.g., referral coordination with community providers)
- Critical Incident Support and Postvention Responses

Additional Resources

Referrals to Off-Campus Providers

Use the online [ThrivingCampus](#) platform to search for off-campus providers that meet specific needs and preferences.

TimelyCare

24/7 free TalkNow services are available anytime, as well as free scheduled counseling. Students have access to 12 sessions per academic year.

On-campus health care providers for multiple physical health specialties and psychiatric services.

Emory Student Telehealth

833-484-6359; online login will be more direct

- This service is provided by TimelyMD.
- Students can access this service anytime, anywhere.
- **Virtual health appointments** give you access to mental health professionals 24/7 via **TalkNow**.

Student Health Services (SHS) 404-727-7551

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Student Case Management and Intervention Services (SCMIS) 404-727-4193

SCMIS is dedicated to fostering the growth and success of undergraduate, graduate, and professional school students at Emory University. **SCMIS** operates within a nurturing non-clinical environment to educate students, staff, and faculty on how to effectively navigate on-campus and community services.

To request a consultation for students **needing assistance related to any concern**, faculty, staff, and students can submit a [student of concern form](#). Forms will require time for routing and response.

Student Intervention Service (SIS)

The SIS team provides critical needs support and crisis triage, which includes activating campus and community resources for help. For immediate assistance with a student in distress, faculty, staff, and students can contact the SIS Crisis On-Call Team 24/7 by calling **404-430-1120**.

Food Pantry

Eagle Food Pantry is located at Bread Coffeehouse who has partnered with Atlanta Community Food Bank to offer a food pantry and hygiene items free of charge to all Emory students. For questions, contact eaglefoodpantry@breadcoffeehouse.org.

The Emory Community Fridge and Pantry is located on the first floor of the Alumni Memorial University Center (AUMC). Please follow the fridge on Instagram [@emorycommunityfridge](#) for stocking updates.

Food Security Safeguard Program

The Food Security Safeguard Program (FSSP) in partnership with SCMIS is designed to assist any student with immediate food security needs on the Atlanta campus. Fill out a [FSSP request](#) form to receive three meal swipes at Dobbs Common Table. LGS students may receive up to 12 additional swipes, if needed, by completing the form a second time and speaking with a Student Affairs team member.

Ombuds Office 404-727-1531

Assistance navigating interpersonal conflicts including improprieties or unfairness are offered, as well as guidance on university policy and procedures.

Informal mediation through facilitated discussions for individuals experiencing interpersonal issues is provided.

Bias Incident Report

Report language or actions that demonstrate bias against one's protected characteristics. Bias incidents include, but are not limited to, name-calling, stereotyping, belittling, or excluding others based on their identity. Some, but not all, bias incidents may rise to the level of discriminatory harassment, sexual misconduct, or other violations of policy or law.

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Office of Spiritual and Religious Life (OSRL) 404-727-6226

Connect to communities through a diverse array of spiritual traditions on campus, and in the vibrant interfaith city of Atlanta.

Office of Spiritual and Religious Life offers programs, services, and sacred spaces to the Emory community and supports religious and philosophical communities and interfaith engagement.

Center for Student Wellbeing 404-727-1000

Educational resources are available for students who are concerned about themselves, a friend, a roommate, or a loved one struggling with **alcohol and substance-related issues**.

Mental well-being programs, education, and resources specifically on mindfulness and sleep improvement are offered.

Sexual health education, resources, and services including safer sex supplies and free HIV testing can be found here.

Wellbeing coaching is available for students who would like help building a plan to reach their wellbeing goals.

Office of Diversity, Equity, and Inclusion (ODEI) 404-727-9867

Department of Accessibility Services

404-727-9877

Request a consultation for accommodations, including short term or injury-related accommodations.

Title IX Coordinator for Students

404-727-4079 | [Learn more on how to file a report](#)

- **Report sexual harassment and misconduct** that may violate Title IX law and Emory policy.
- Impacted parties can **learn about formal and informal resolution options**.

Office of Respect 24 Hour Hotline: 470-270-5360

Help, advocacy, and support for students impacted by sexual harassment, sexual assault, or partner violence is available.

Training, programs, and events are provided to educate the Emory community on sexual harassment prevention.

Financial Resources

Laney Graduate School Emergency Loan

Student Hardship Fund provides up to \$500 to students for needs due to unexpected events

Office of Financial Aid

Additional Student Resources

LGS Student Support Services webpage

Campus Life Get Support webpage